

Assignment 339029

Presentation

Student Name:

Student ID:

Project Background and Rationale

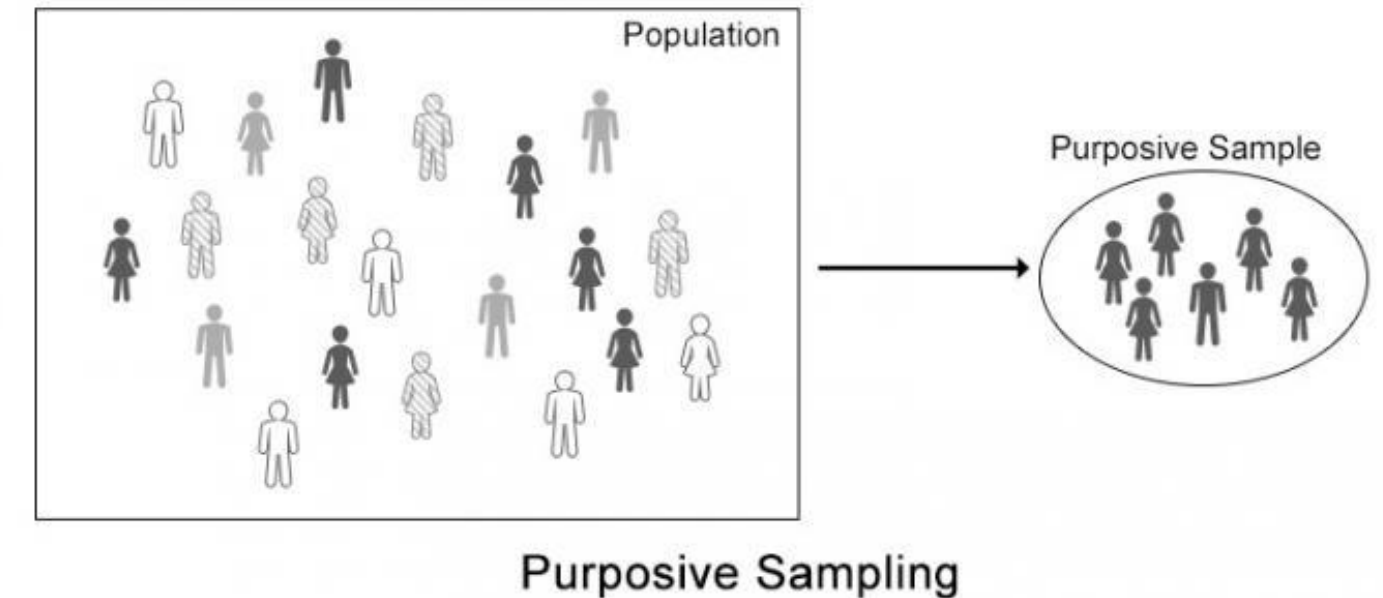
- Australia has seen a steady influx of Afghan refugees, especially post-2021.
- Afghan women face unique vulnerabilities: trauma, gender norms, and social exclusion (Taheri, 2024).
- Integration is hindered by cultural dissonance and inaccessible services.
- **Research Question:** What are the key challenges and coping mechanisms for Afghan refugee women in Australia?



https://c.ndtvimg.com/2021-08/op2t89is_afghanistan_625x300_17_August_21.jpg

Design and Methodology

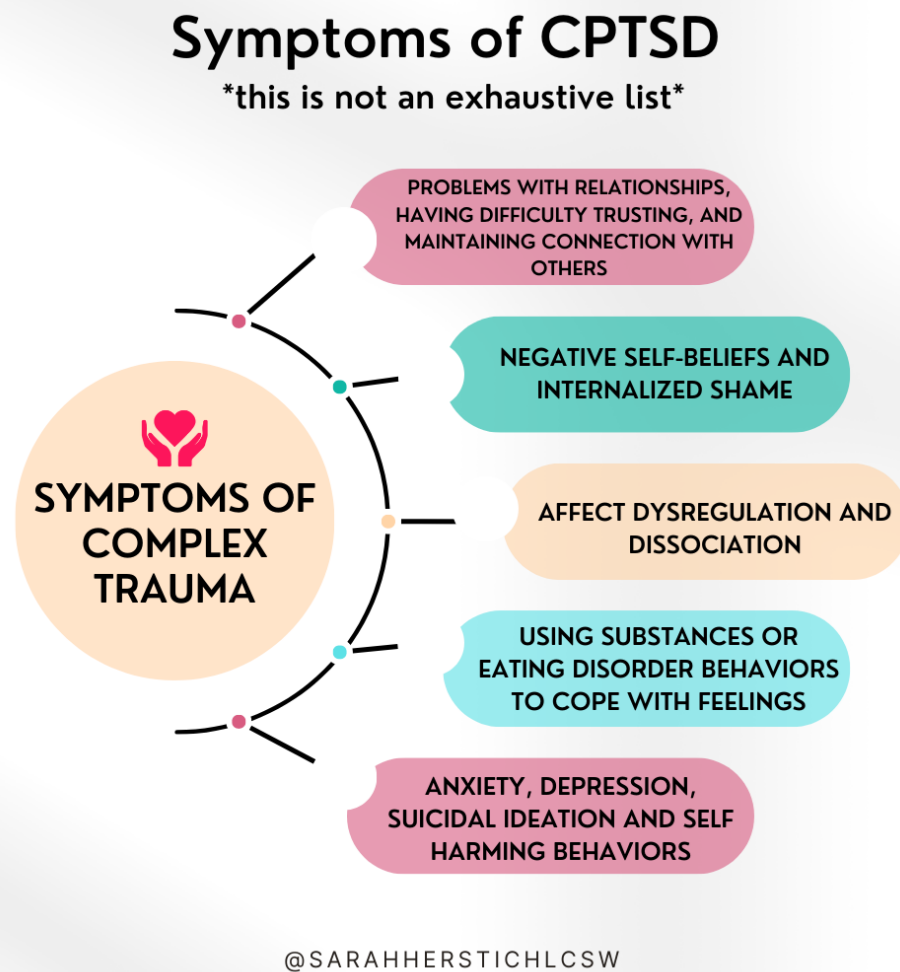
- Employed qualitative research through thematic analysis.
- Analyzed pre-existing interviews provided by AWOM (Bobel, 2022).
- Used purposive sampling to target relevant refugee experiences.
- The approach ensured cultural sensitivity and avoided ethical risks.



<https://www.statisticalaid.com/wp-content/uploads/2020/10/Purposive-sampling.jpg>

Key Findings

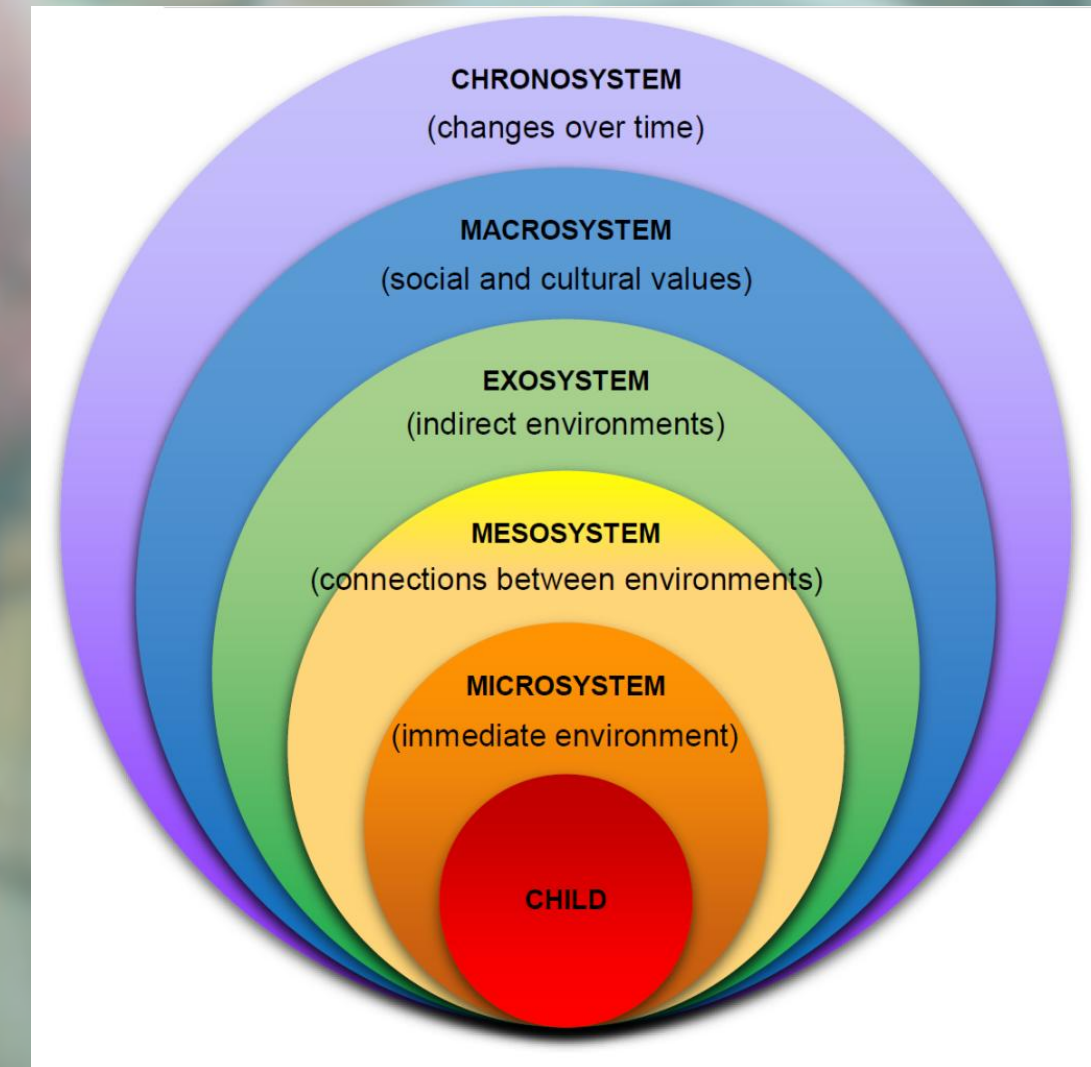
- **Trauma & Mental Health:** Complex PTSD and unmet psychological needs (Popolo et al. 2025).
- **Social Isolation:** Cultural barriers, language difficulties, and discrimination.
- **Economic Barriers:** Lack of job access, unrecognized qualifications.
- **Limited Services:** Few culturally competent health and support programs.



<https://images.squarespace-cdn.com/content/v1/64afdd4b96117217116b3f87/1689301236197-1EOTMMX1P3UODOFYWTW5/Symptoms-of-CPTSD>

Critical Reflection on Social Work Practice

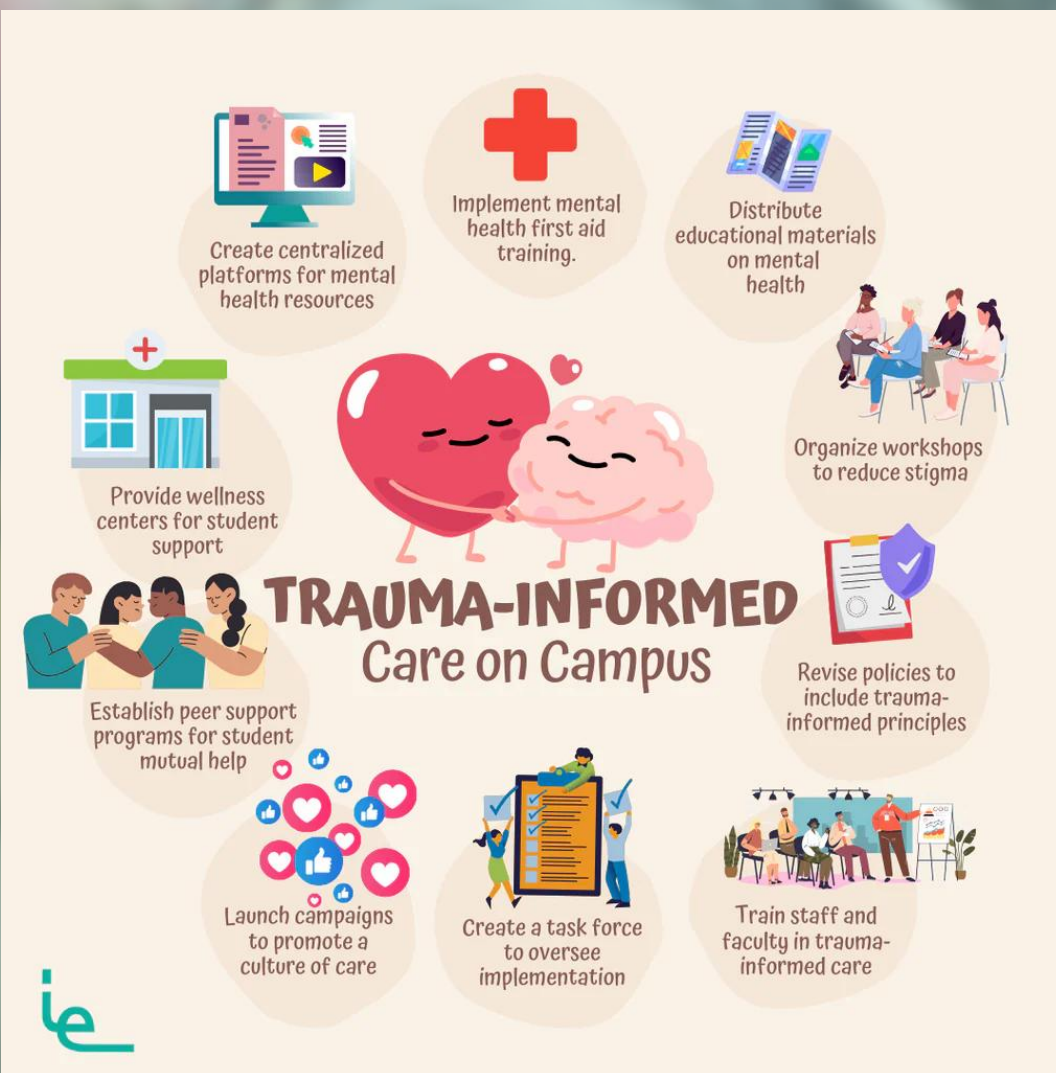
- Challenges span all layers of Bronfenbrenner's Ecological Systems Theory (Flynn, 2025).
- Services often lack trauma-informed, culturally safe approaches.
- Afghan women's agency is undermined by systemic neglect.
- Social workers must advocate for inclusive, intersectional frameworks.



<https://rotel.pressbooks.pub/app/uploads/sites/12/2023/11/Ecological-Theory-1024x1024-1.png>

Program and Policy Recommendations

- **Organisations:** Offer trauma-informed and culturally competent staff training (Moreland et al. 2023).
- Create community-based employment and language initiatives.
- **Government:** Fund culturally tailored mental health services.
- Recognize and validate foreign skills and experiences.



https://cdn.shopify.com/s/files/1/0987/4294/files/trauma_informed_care_1024x1024.png?v=1719435045

Conclusion and Significance

- Afghan women face intertwined cultural, economic, and psychological challenges.
- The study exposes major gaps in social services and policies.
- Calls for urgent, culturally adaptive social work strategies.
- Amplifies refugee women's voices in social justice discourse.



https://www.dhi.health.nsw.gov.au/images/useruploadedimages/631/iloal1471___source.jpg

Reference:

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- Popolo, R., Dimaggio, G., MacBeth, A., Ottavi, P., & Centonze, A. (2025). Management of the therapeutic relationship in a patient with Complex PTSD and Personality Disorder. *Journal of Clinical Psychology*, 81(1), 19-30. <https://www.pure.ed.ac.uk/ws/portalfiles/portal/469392359/PopoloEtal2024JCPManagementOfTheTherapeuticRelationship.pdf>
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